

What Am I Good At?

Complete this quiz to find out which **intelligences** you are strongest in. For each activity give a mark, then add your marks to fill in your total score:

- If you are very good at the activity, put 4.
- If you are ok, but nothing special, put 2.
- If you are no good at that activity, put 0.

A: Linguistic Intelligence	4, 2, or 0
1 telling jokes and stories	
2 remembering people's names	
3 saying tongue twisters	
4 learning vocabulary	
Total Score	

B: Spatial Intelligence	4, 2, or 0
1 reading maps	
2 drawing	
3 learning from films and pictures	
4 doing jigsaw puzzles	
Total Score	

C: Bodily-kinesthetic Intelligence	4, 2, or 0
1 copying other people's actions	
2 sewing	
3 making things from paper or wood	
4 doing sports or dancing	
Total Score	

D: Interpersonal Intelligence	4, 2, or 0
1 leading meetings and games	
2 helping my friends	
3 listening to other people's problems	
4 having lots of friends	
Total Score	

E: Intrapersonal Intelligence	4, 2, or 0
1 studying alone in the library	
2 spending time on my own	
3 being individual	
4 learning from my mistakes	
Total Score	

F: Logical-mathematic Intelligence	4, 2, or 0
1 doing math in my head	
2 playing chess	
3 playing number games	
4 questioning how things work	
Total Score	

G: Musical Intelligence	4, 2, or 0
1 humming tunes	
2 singing	
3 playing a musical instrument	
4 tapping rhythmically	
Total Score	

H: Naturalist Intelligence	4, 2, or 0
1 doing experiments in nature	
2 learning about nature	
3 recognizing different types of things	
4 sorting things into groups	
Total Score	

Look at your results. ***On the back of this page, write down your intelligences in order***, starting with your highest score and proceeding to the one with the lowest score. Higher numbers show intelligences you are stronger in, lower numbers show ones you are weaker in.

PORFOLIO GOAL SHEET

Reading Goals

Write down up to two (2) personal goals for reading for this quarter. To create your goals, think about your strengths with reading and the ways that you need to improve. What types of texts do you read well and types do you read poorly? Do you use strategies like underlining important information or using sticky notes to mark important sections, or do you need to learn how to use these strategies? Would you like to expand to read new types of texts? Are you good at making inferences and finding themes or would you like to learn new strategies?

My reading goals for this quarter are:

Goal 1: _____

Goal 2: _____

Writing Goals

Write down up to two (2) personal goals for writing for this quarter. To create your goals, think about your strengths with writing and the ways that you need to improve. Are there specific types of writing you are good at or need help with? Do you have strong grammar and spelling skills, or would you like to improve? Do you have trouble organizing your thoughts or are you a good organizer? Would you like to increase your vocabulary? Are you good at backing up your ideas with evidence from the text or would you like to learn more about how to support your points?

My writing goals for this quarter are:

Goal 1: _____

Goal 2: _____

